# PARENT OFFERINGS SCHEDULE 226 Union Street

#### Tuesdays @ 10:30 AM



May 20th

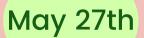
### From Scratch

Come cook a meal from easily accessible ingredients and enjoy it together.



## Self-Care

Get a chance to come and relax while taking part in self-care activities.



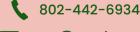
#### **Parents Social**

Come play games and enjoy refreshments while meeting other parents in the community.





Drop-ins welcome. RSVP preferred.



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