



**Sunrise Family Resource Center**  
*Strengthening Families*

# GROWING TOGETHER TUESDAYS

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Growing Together Tuesdays is a time for parents and caregivers to share experiences, exchange practical tips, and build meaningful relationships with others on a similar journey. We will meet every Tuesday to either cook a meal, engage in an activity, or spend time in the space together to connect, find encouragement, and build a strong sense of community.

**Tuesdays in April**  
**10am**  
**226 Union Street, Bennington**

**Drop-ins welcome.**  
**Call (802) 442-6934 or email**  
**[rsvp@sunrisepcc.com](mailto:rsvp@sunrisepcc.com) with any questions.**