

PAGES & PARENTING



Meets the 4th
Thursday of
every month

This month's theme is potty training!

Potty training doesn't have to be a stressful time. Join our book club to explore evidence-based books, understand readiness signs, and build a positive, supportive environment for your toddler. We'll discuss how to make this milestone rewarding for both you and your child.

- Flexible Pick-up: Stop by 226 Union St. anytime during the month to collect our chosen material on the topic, or pick any book of your choosing that fits this month's theme.
- Bring your thoughts and insights on whatever you read to the monthly meeting.
- No pressure—if you don't finish or can't make a meeting, join us for the next topic.

Thursday, May 28 * **5:30PM - 6:30PM**
226 Union Street, Bennington

Contact Sunrise at (802) 442-6934 or rsvp@sunrisepcc.com

Drop-ins welcome.

